

## HCA474 Social Aspects of Aging (3 credit hours) Course Syllabus

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### Course Description

This course introduces the student to core components and trends in social gerontology. Social, physical, economic, and political viewpoints are taken into account to assess the interdisciplinary nature within the field.

### Course Learning Outcomes

By the end of this course, you will be able to:

1. Explore foundational methodologies and theories of social gerontology.
2. Assess aging from the perspectives of history, biology and psychology.
3. Examine relationships with family, living arrangements, and transitioning to retirement.
4. Analyze healthcare of the elderly from a systems thinking perspective
5. Research the economic and political aspects of aging in society.

### Required Textbook(s) and Resources

Quadagno, J. (2022). Aging and the life course: An introduction to social gerontology (8th ed.). McGraw-Hill.

Be sure to also review the weekly **Explore** sections for additional library or web resources. For access to databases, research help, and writing tips, visit the [Tiffin University Library](#).

### Time Commitment

Effective time management is possibly the single most critical element to your academic success. To do well in this online class you should plan your time wisely to maximize your learning through the completion of readings, discussions, and assignments. Because of our accelerated, seven-week term, TU online courses are designed with the expectation that you dedicate a little over **six (6)** hours per credit hour to course activities and preparation **each week**. For example, for successful completion of a three-credit, seven-week online course you should reserve roughly **twenty (20) hours per week**.

To help plan your time and keep on track toward successful course completion, note the distinctive rhythm of assignment due dates:

1. All times assume Eastern Time (GMT-4).

- Weeks begin at 12:00 a.m. ET on Monday and end at 11:55 p.m. ET on Sunday.
- Unless otherwise noted, initial assignments or discussion posts are due by **11:55 p.m. ET on Wednesdays.**
- Additional assignments or follow-up discussion posts are due by **11:55 p.m. ET on Saturdays, and**
- Major assignments and reflections are typically due by **11:55 p.m. ET on Sundays.**

## Learning Activities

This course incorporates discussions, quizzes, assignments, and a research project.

## Key Assessment (Taskstream Submission)

This course does not feature any key assessments.

## Grading

The chart below identifies the individual contributions from each type of activity, per week.

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Total
<b>Discussions</b> Activity 1.1 (n/a) Activity 1.2 (25)	<b>Discussions</b> Activity 2.1 (25)	<b>Discussions</b> Activity 3.1 (25) Activity 3.2 (25)	<b>Discussions</b> Activity 4.1 (25) Activity 4.2 (25)	<b>Discussions</b> Activity 5.1 (25)	<b>Discussions</b> Activity 6.1 (25) Activity 6.2 (25)	<b>Discussions</b> Activity 7.1 (25) Activity 7.2 (25)	<b>275</b>
<b>Assignments</b> Activity 1.3 (75)	<b>Assignments</b> Activity 2.2 (60) Activity 2.3 (75)	<b>Assignments</b> Activity 3.3 (75)	<b>Assignments</b> Activity 4.3 (90)	<b>Assignments</b> Activity 5.2 (140)	<b>Assignments</b> (n/a)	<b>Assignments</b> Activity 7.3 (140)	<b>655</b>
<b>Quiz</b> Activity. 1.4 (10)	<b>Quiz</b> Activity 2.4 (10)	<b>Quiz</b> Activity 3.4 (10)	<b>Quiz</b> Activity 4.4 (10)	<b>Quiz</b> Activity 5.3 (10)	<b>Quiz</b> Activity 6.3 (10)	<b>Quiz</b> Activity 7.4 (10)	<b>70</b>
<b>110</b>	<b>170</b>	<b>135</b>	<b>150</b>	<b>175</b>	<b>60</b>	<b>200</b>	<b>1000</b>

## Grading Scale

A: 90-100% | B: 80-89% | C: 70-79% | D: 60-69% | F: <60%

## Course Schedule and Weekly Checklist

### Start Here

- MON: Activity 1.1: Introductory Discussion

### Week 1 – Social Gerontology: The Perspectives and Theories of Aging

- WED: Activity 1.1: Introductory Discussion - Secondary Reply
- WED: Activity 1.2: Perceptions of Aging Initial Post
- SAT: Activity 1.2: Perceptions of Aging Discussion
- SUN: Activity 1.3: Successful Aging Reflection
- SUN: Activity 1.4: Week 1 Quiz
- SUN: Activity 1.5: Review Upcoming Projects

### Week 2 – Demographics through Interdisciplinary Perspectives on Aging

- WED: Activity 2.1: Social Security Program Discussion - Initial Post
- SAT: Activity 2.1: Social Security Program Discussion - Secondary Reply
- SUN: Activity 2.2: Course Project Part 1
- SUN: Activity 2.3: Medicare Case Study
- SUN: Activity 2.4: Week 2 Quiz

### Week 3 – The Biological, Psychological of Aging and the Importance of Social Support Systems

- WED: Activity 3.1: Aging and Memory Discussion - Initial Post
- WED: Activity 3.2: Cohort Viewpoints Discussion - Initial Post
- SAT: Activity 3.1: Aging and Memory Discussion - Secondary Replies
- SAT: Activity 3.2: Cohort Viewpoints Discussion - Secondary Replies
- SUN: Activity 3.3: Aging Issues in Society
- SUN: Activity 3.4: Week 3 Quiz

### Week 4 – To Move or Stay and Work or Retire. Decisions, Decisions

- WED: Activity 4.1: Aging Cognitive Abilities Discussion - Initial Post

- WED: Activity 4.2: Social Perspectives Discussion - Initial Post
- SAT: Activity 4.1: Aging Cognitive Abilities Discussion - Secondary Replies
- SAT: Activity 4.2: Social Perspectives Discussion - Secondary Replies
- SUN: Activity 4.3: Course Project Part 2: Presentation
- SUN: Activity 4.4: Week 4 Quiz

### **Week 5 – Healthy Lifestyles and Caring for the Elderly**

- WED: Activity 5.1: Overall Health Discussion - Initial Post
- SAT: Activity 5.1: Overall Health Discussion - Secondary Replies
- SUN: Activity 5.2: Life History Interview and Research Project - Part 1
- SUN: Activity 5.3: Week 5 Quiz

### **Week 6 – Death and Dying Perspectives and the Economics of Aging**

- WED: Activity 6.1: Issues Caring for the Elderly Discussion - Initial Post
- WED: Activity 6.2: Sandwich Generation Discussion - Initial Post
- SAT: Activity 6.1: Issues Caring for the Elderly Discussion - Secondary Replies
- SAT: Activity 6.2: Sandwich Generation Discussion - Secondary Replies
- SUN: Activity 6.3: Week 6 Quiz

### **Week 7 – Aging and the Social Stratification in the Politics of Aging**

- WED: Activity 7.1: Administration on Aging Discussion - Initial Post
- WED: Activity 7.2: Course Presentations Review Discussion - Initial Post
- THU: Activity 7.3: Life History Interview and Research Project - Part 2 Analysis
- SAT: Activity 7.1: Administration on Aging Discussion - Secondary Replies
- SAT: Activity 7.2: Course Presentations Review Discussion - Secondary Replies
- SUN: Activity 7.4: Week 7 Quiz

### **Tips for Success**

Online learning requires self-discipline and self-direction. As seekers of the truth, we should be willing to challenge one another's academic work in a spirit of respectful comradery. Your course is a place for you to grow as you benefit from the expertise, experience, and diverse

perspectives of your instructor and peers. Constructive feedback will challenge you to stretch your own thinking, thereby expanding your knowledge and understanding.

To get the most out of your learning experience, you should actively engage (participate) in **ALL** course activities. Course elements are arranged chronologically. To complete a week, simply work your way "down the page" through all of the course materials and activities.

**For More Information:**

Be sure to review the [Support, Policies, and Procedures](#) addendum.