

PSY263 Theories of Personality (3 credit hours) Course Syllabus

Course Description

An overview of historical and current theories regarding personality formation and development, and methods of measuring personality characteristics. Psychodynamic, humanistic, behaviorist, trait, and cognitive approaches are discussed.

Course Learning Outcomes

By the end of this course, you will be able to:

- 1. Identify several different theoretical perspectives on personality.
- 2. Describe the theorists historically involved in the development of personality theory and the influences that contributed to their theories' evolution.
- 3. Use research, assessment methods, and professional literature to summarize the findings related to theories of personality.
- 4. Assess and apply knowledge of personality theory.
- 5. Demonstrate proficient skills in writing and communicating in APA style.

Required Textbook(s) and Resources

Ewen, R. B. (2010). An Introduction to Theories of Personality (7th ed.). Routledge.

A digital copy of your textbook is included with your DragonACCESS fees for this course. Use the DragonACCESS tool in Moodle to view your book.

Be sure to also review the weekly **Explore** sections for additional library or web resources. For access to databases, research help, and writing tips, visit the <u>Tiffin University Library</u>. You might consider registering for one of the library's many webinars on library research, source evaluation, copyright, and other topics, at the <u>Library Events</u> - <u>Upcoming Events</u> web page. For further assistance email a librarian, at: <u>library@tiffin.edu</u>.

Time Commitment

Effective time management is possibly the single most critical element to your academic success. To do well in this online class you should plan your time wisely to maximize your learning through the completion of readings, discussions, and assignments. Because of our accelerated, seven-week term, TU online courses are designed with the expectation that you dedicate a little over **six (6)** hours per credit hour to course activities and preparation **each week**. For example, for successful completion of a three-credit, seven-week online course you should reserve roughly **twenty (20) hours per week**.

To help plan your time and keep on track toward successful course completion, note the distinctive rhythm of assignment due dates:

- 1. All times assume Eastern Time (GMT-4).
- 2. Weeks begin at 12:00 a.m. ET on Monday and end at 11:55 p.m. ET on Sunday.
- 3. Unless otherwise noted, initial assignments or discussion posts are due by **11:55 p.m. ET** on **Wednesdays**.
- 4. Additional assignments or follow-up discussion posts are due by **11:55 p.m. ET** on **Saturdays, and**
- 5. Major assignments and reflections are typically due by **11:55 p.m. ET** on **Sundays.**

Learning Activities

Throughout the course, you will utilize an interactive mystery theme to apply the theoretical concepts you learn each week. You will read textbook chapters and articles to build foundational knowledge of the theories. You will then participate in forums where you analyze a fictional murder case through the lens of various personality theories. This creative format allows you to interpret real-world behaviors and motives using theoretical frameworks. In addition to analyzing the mystery narrative, you will engage in activities like comparing theories in a table, designing practical tools for counseling clients, and scripting videos connecting concepts to workplace dynamics.

Assessments include the weekly forums encouraging reflection that help you synthesize key learnings and your comprehension of theories, and a final paper analyzing a celebrity's personality using multiple perspectives. The variety of learning activities and assessments aims to build your working knowledge of theories while assessing your ability to apply concepts inventively. You will be evaluated on your grasp of theoretical principles and skill in translating these into practical tools, self-reflective analyses, and application to real-world contexts. The mystery narrative and diverse activities aim to promote engagement and interactivity.

Grading

The chart below identifies the individual contributions from each type of activity, per week.

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Total
Forums							
Activity 1.1	Activity 2.1	Activity 3.1	Activity 4.1	Activity 5.1	Activity 6.1	Activity 7.1	
(n/a)	(50)	(50)	(50)	(50)	(50)	(50)	350
Activity 1.2							
(50)							
Assignments							
Activity 1.3	Activity 2.2	Activity 3.2	Activity 4.2	Activity 5.2	Activity 6.2	Activity 7.2	650
(80)	(80)	(80)	(80)	(80)	(80)	(170)	
130	130	130	130	130	130	220	1000

Grading Scale

- A: 90-100%
- B: 80-89%
- C: 70-79%
- D: 60-69%
- F: <60%

Please see the <u>Academic Bulletin</u> for grade appeal information.

Course Schedule and Weekly Checklist

Start Here

D MON: Activity 1.1: Personality Snapshot - Introductory Post

Week 1 – Introduction to Personality Theories

- □ WED: Activity 1.1: Personality Snapshot
- □ WED: Activity 1.2: The Case of the Psychologist's Demise
- □ SAT: Activity 1.2: The Case of the Psychologist's Demise
- SUN: Activity 1.3: Comparing Personality Theories

Week 2 – Psychodynamic Approaches

- □ WED: Activity 2.1: Evaluating Jung's Motives
- □ SAT: Activity 2.1: Evaluating Jung's Motives
- □ SUN: Activity 2.2: Psychodynamics Brochure

Week 3 – Trait Theories

- □ WED: Activity 3.1: Analyzing Suspects' Traits
- □ SAT: Activity 3.1: Analyzing Suspects' Traits
- □ SUN: Activity 3.2: Trait Workbook

Week 4 – Humanistic and Existential Approaches

- □ WED: Activity 4.1: Evaluating Carl Rogers as a Suspect
- □ SAT: Activity 4.1: Evaluating Carl Rogers as a Suspect
- □ SUN: Activity 4.2: Humanism Video

Week 5 – Behaviorist and Social Learning

- □ WED: Activity 5.1: Interpreting Behavioral Evidence
- □ SAT: Activity 5.1: Evaluating Carl Rogers as a Suspect
- □ SUN: Activity 5.2: Behavior Plan

Week 6 – Cognitive Approaches

- □ WED: Activity 6.1: Envisioning Cognitive Analysis
- □ SAT: Activity 6.1: Envisioning Cognitive Analysis
- □ SUN: Activity 6.2: Cognitive Case Study

Week 7 – Integrative Perspectives and Course Recap

- □ WED: Activity 7.1: The Murderer is Revealed
- □ SAT: Activity 7.1: The Murderer is Revealed
- SUN: Activity 7.2: Celebrity Personality Trait Analysis

Tips for Success

Online learning requires self-discipline and self-direction. As seekers of the truth, we should be willing to challenge one another's academic work in a spirit of respectful comradery. Your course is a place for you to grow as you benefit from the expertise, experience, and diverse perspectives of your instructor and peers. Constructive feedback will challenge you to stretch your own thinking, thereby expanding your knowledge and understanding.

To get the most out of your learning experience, you should actively engage (participate) in **ALL** course activities. Course elements are arranged chronologically. To complete a week, simply work your way "down the page" through all of the course materials and activities.

Your Instructor Will Expect You to:

- Thoroughly review orientation materials (Start Here) within the first 48 hours of the term.
- Monitor your TU email account **daily** for important updates and announcements.
- Take ownership of your learning experience and act in a proactive, self-directed manner. That means:
 - Fully participate in all learning activities.
 - Complete assignments as described in rubrics or other instructions.
 - Submit all work on time and in the specified format (e.g. APA format for citations).
 - o Utilize and incorporate instructor provided feedback to improve your work.
 - Ask questions so you can better understand course material or assignments.
 - Use the highest standards of intellectual honesty and integrity. For more information, see the TU Library guide: <u>Digital Literacy: Netiquette and Internet</u> <u>Safety</u>.
 - Treat others respectfully and demonstrate "netiquette" (online politeness and respectfulness) at all times. TU celebrates cultural uniqueness and expects all students to be considerate and thoughtful throughout their learning experiences.

You Should Expect Your Instructors to:

- Post an introductory announcement/email at the beginning of each week to provide updates and help you prepare for the week's activities.
- Maintain an active and engaged presence in all course activities and throughout the course.
- Respond to your emailed questions within 48 hours, if not sooner.
- Clearly communicate any absences or expected non-participation due to extenuating circumstances. For example, "I will be traveling to attend a funeral this week and may not be able to respond to questions or participate in forums for a couple of days."

- When grading your work:
 - clearly indicate their grading approach (what they like to see in submitted work as well as what types of errors they tend to penalize more harshly),
 - thoroughly review and evaluate your submissions in a timely manner (in less than 5 days for most assignments), and
 - provide constructive feedback that indicates the strengths and weaknesses of your work and provides suggestions on how you can improve your performance on future assignments.
- Advocate for your success as a learner and help guide you toward successful completion of the course activities and most importantly, attainment of the course learning outcomes.

Accommodations (Disability Services)

The Office of Disability Services supports the institutional commitment to diversity by providing educational opportunities for qualified individuals with disabilities through accessible programs and services in compliance with Section 504 of the Rehabilitation Act of 1973 and Title III of the Americans with Disabilities Act (ADA) of 1990. If you need reasonable accommodations due to a documented disability, contact the Office for Equity, Access, & Opportunity via email at <u>disabilityservices@tiffin.edu</u> or by calling 419-448-3021.

Technical Support

For Moodle support, either email <u>moodlesupport@tiffin.edu</u> or call the 24/7 Technical Support Call Center at 855-664-1200 (3430, Option 2, from on-campus). For non-Moodle support, contact the Tiffin University ITS helpdesk at the number above or submit a <u>support ticket</u>.

Veterans

The Veteran and Military Resource Center assist veterans, active Military, and spouses of current service members in utilizing their education benefits. VMRC provides information regarding benefit processes and procedures, as well as support in navigating the transition from military to academic life by facilitating connections with the appropriate support services on campus. More information can be found on the Veteran and Military Resource Center website, at http://www.tiffin.edu/va.

Comments or Concerns

TU's online programs are designed to be student *driven*: to empower you with a voice and stake in your learning. Our courses feature multiple and varied ways that you can share feedback, and we invite you to become an active voice and help drive our improvement

efforts. In addition to providing in-course feedback, we encourage you to submit questions or comments directly to the online team at <u>online@tiffin.edu</u>.