# TIFFIN UNIVERSITY / ONLINE

# PSY362 Abnormal Behavior
## (3 credit hours)
## Course Syllabus

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## Course Description

This course focuses on description, identification, and practical management of behaviors stemming from physiological, psychological and environmental causes.

## Course Learning Outcomes

By the end of this course, you will be able to:

1. Express an understanding of the history of abnormal psychology, research methods, classification, domains/spheres of functioning, major DSM categories, etiology of psychopathology, psychopharmacology and other biologically oriented interventions, as well as methods of psychotherapy.

2. Show an awareness of and sensitivity to issues and practices of professional ethics

3. Demonstrate multicultural awareness, tolerance, and appreciation in context of psychopathology

4. Exhibit Skills in APA analytical writing.

5. Apply knowledge of psychopathology and treatment methods into a coherent psychological assessment with treatment implications.

## Prerequisites/Corequisites

PSY101

## Required Textbook(s) and Resources

Hooley, J.M., Nock, M.K, & Butcher, J.N. (2020). *Abnormal psychology*, (18th ed.). Pearson.

Be sure to also review the weekly **Explore** sections for additional library or web resources. For access to databases, research help, and writing tips, visit the Tiffin University Library.

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## Time Commitment

Effective time management is possibly the single most critical element to your academic success. To do well in this online class you should plan your time wisely to maximize your learning through the completion of readings, discussions, and assignments. Because of our accelerated, seven-week term, TU online courses are designed with the expectation that you dedicate a little over **six (6)** hours per credit hour to course activities and preparation **each week**. For example, for successful completion of a three-credit, seven-week online course you should reserve roughly **twenty (20) hours per week**.

To help plan your time and keep on track toward successful course completion, note the distinctive rhythm of assignment due dates:

1. All times assume Eastern Time (GMT-4).

2. Weeks begin at 12:00 a.m. ET on Monday and end at 11:55 p.m. ET on Sunday.

3. Unless otherwise noted, initial assignments or discussion posts are due by **11:55 p.m. ET** on **Wednesdays.**

4. Additional assignments or follow-up discussion posts are due by **11:55 p.m. ET** on **Saturdays, and**

5. Major assignments and reflections are typically due by **11:55 p.m. ET** on **Sundays.**

## Learning Activities

This course engages the learner in discussions with classmates and instructor, analysis of case studies and real-world scenarios, a film study, as well as a researched presentation on a mental disorder of the student's choice.

## Grading

The chart below identifies the individual contributions from each type of activity, per week.

| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Total |
|---|---|---|---|---|---|---|---|
| Discussions 20 20 | Discussions 20 20 | Discussions 20 20 | Discussions 20 20 | Discussions 20 20 | Discussions 20 20 | Discussions 20 20 | **280** |
| Assignment 100 | Assignment 100 | Assignment 100 | Assignment 100 | Assignment 100 | Assignment 100 | Assignment 120 | **720** |
| **140** | **140** | **140** | **140** | **140** | **140** | **160** | **1000** |

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## Grading Scale

A: 90-100% | B: 80-89% | C: 70-79% | D: 60-69% | F: <60%

## Course Schedule and Weekly Checklist

### Week 1 - Introduction to Abnormal Behavior

☐ WED: Activity 1.1 (Forum): Meet Your Peers - Initial Post

☐ WED: Activity 1.2 (Forum): Exploring Abnormal Behavior - Initial Post

☐ WED: Activity 1.3 (Forum): Abnormal Behavior in the Media - Initial Post

☐ SAT: Activity 1.2 (Forum): Exploring Abnormal Behavior - Secondary Posts

☐ SAT: Activity 1.3 (Forum): Abnormal Behavior in the Media - Secondary Posts

☐ SUN: Activity 1.4: Mental Illness - Historical Context

### Week 2 - Classification, Causal Factors, and Differential Diagnosis

☐ WED: Activity 2.1 (Forum): Case Study - Initial Post

☐ WED: Activity 2.2 (Forum): Cognitive Behavioral Therapy (CBT) - Initial Post

☐ SAT: Activity 2.1 (Forum): Case Study - Secondary Posts

☐ SAT: Activity 2.2 (Forum): Cognitive Behavioral Therapy (CBT) - Secondary Posts

☐ SUN: Activity 2.3: Personality Test Essay

### Week 3 - Stress and Anxiety Disorders

☐ WED: Activity 3.1 (Forum): Social Readjustment Rating Scale - Initial Post

☐ WED: Activity 3.2 (Forum): Panic Attacks - Initial Post

☐ SAT: Activity 3.1 (Forum): Social Readjustment Rating Scale - Secondary Posts

☐ SAT: Activity 3.2 (Forum): Panic Attacks - Secondary Posts

☐ SUN: Activity 3.3: Stress and Anxiety Disorder Case Studies

### Week 4 - Mood, Dissociative, Somatoform Disorders, and Suicide

☐ WED: Activity 4.1 (Forum): Exploring Diagnoses - Initial Post

☐ WED: Activity 4.2 (Forum): False Memories - Initial Post

☐ SAT: Activity 4.1 (Forum): Exploring Diagnoses - Secondary Posts

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☐ SAT: Activity 4.2 (Forum): False Memories - Secondary Posts

☐ SUN: Activity 4.3: Film Case Study

## Week 5 - Eating Disorders and Personality Disorders

☐ WED: Activity 5.1 (Forum): Favorite Case Study - Initial Post

☐ WED: Activity 5.2 (Forum): Eating Disorders - Initial Post

☐ SAT: Activity 5.1 (Forum): Favorite Case Study - Secondary Posts

☐ SAT: Activity 5.2 (Forum): Eating Disorders - Secondary Posts

☐ SUN: Activity 5.3: Personality Disorders

## Week 6 - Substance-related Disorders, Sexual Variants/Abuse/Dysfunction

☐ WED: Activity 6.1 (Forum): Classifying Alcoholism - Initial Post

☐ WED: Activity 6.2 (Forum): Gender Roles, Paraphilias, and Society - Initial Post

☐ SAT: Activity 6.1 (Forum): Classifying Alcoholism - Secondary Posts

☐ SAT: Activity 6.2 (Forum): Gender Roles, Paraphilias, and Society - Secondary Posts

☐ SUN: Activity 6.3: Sexual Abuse in the News

## Week 7 - Schizophrenia, Psychotic, and Neurocognitive Disorders

☐ WED: Activity 7.1 (Forum): Schizophrenia Around the World - Initial Post

☐ WED: Activity 7.2 (Forum): Alzheimer's and Advanced Warning - Initial Post

☐ SAT: Activity 7.1 (Forum): Schizophrenia Around the World - Secondary Posts

☐ SAT: Activity 7.2 (Forum): Alzheimer's and Advanced Warning - Secondary Posts

☐ SUN: Activity 7.3: Researched Presentation

## Tips for Success

Online learning requires self-discipline and self-direction. As seekers of the truth, we should be willing to challenge one another's academic work in a spirit of respectful comradery. Your course is a place for you to grow as you benefit from the expertise, experience, and diverse perspectives of your instructor and peers. Constructive feedback will challenge you to stretch your own thinking, thereby expanding your knowledge and understanding.

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To get the most out of your learning experience, you should actively engage (participate) in **ALL** course activities. Course elements are arranged chronologically. To complete a week, simply work your way "down the page" through all of the course materials and activities.

## For More Information:

Be sure to review the Support, Policies, and Procedures addendum.

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